



TRY OUR **PREMIUM** DATES



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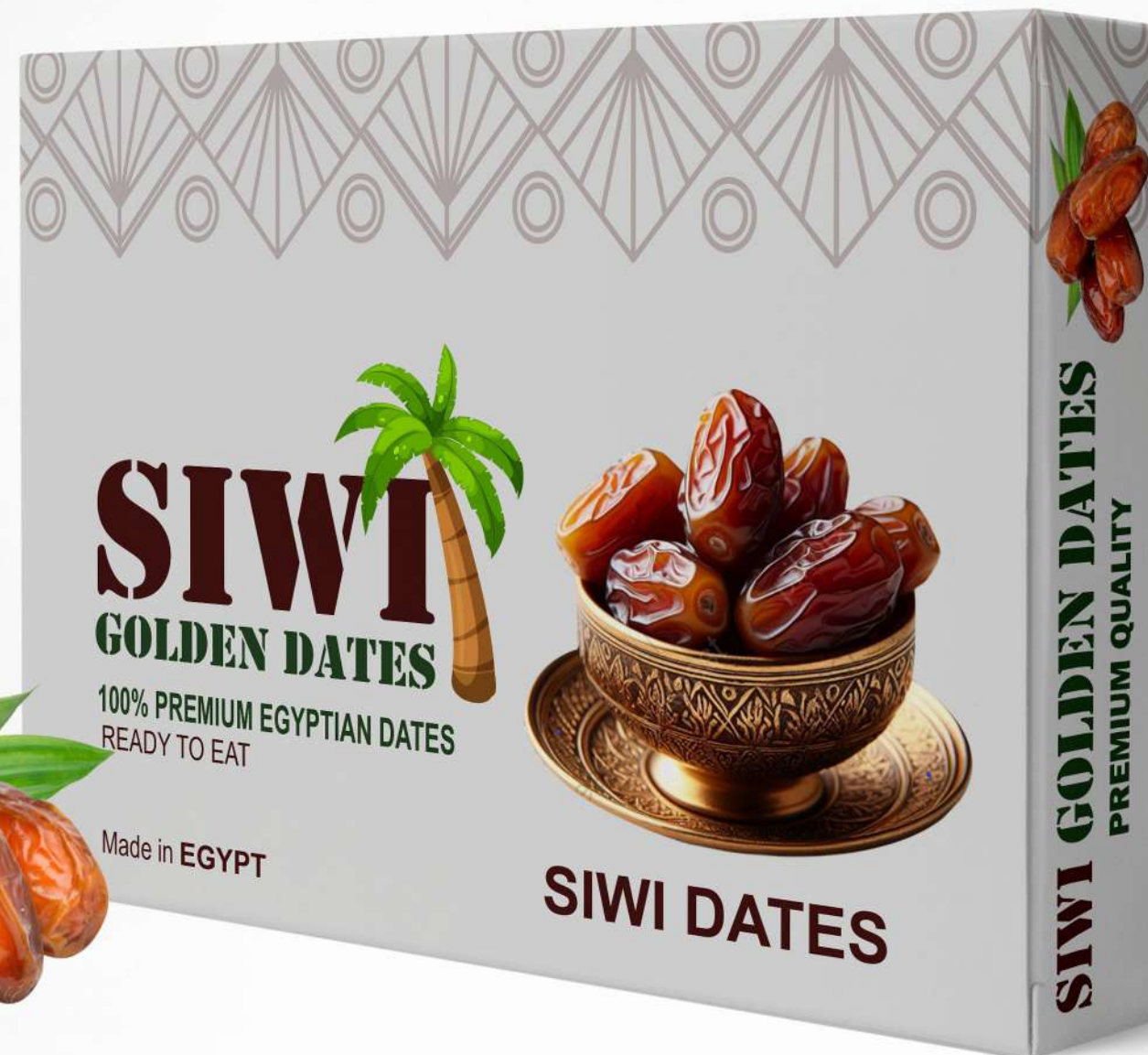
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SIWI GOLDEN DATES

Premium Quality

Freshly harvested straight from the farm—tree-ripened Siwi dates! Just like our Medjool dates, these are handpicked at the peak of ripeness, after the sun has worked its magic.

With a delightful chew and a gentle sweetness, they're a favorite here in Egypt. A true treasure from our family farm in the Bahareya Oasis—try them today



Medjool Dates

Extra Juicy Medjool Dates



Introducing our juiciest, softest, and plumpest Medjool dates yet Handpicked from the finest crops, Green Fields' Extra Juicy Medjool Dates offer unbeatable quality and flavor. Known for their rich caramel-like sweetness, they're perfect for snacking or adding to your favorite dishes

Our Extra Juicy Medjool Dates come in a variety of sizes, ensuring a mix of textures, all equally soft and delicious. Whether you're following a healthy diet or simply craving a natural treat, these dates are packed with nutrients like fiber, potassium, and antioxidants, making them a perfect guilt-free snack

- Ideal for vegan, paleo, and gluten-free diets
- these dates are a natural source of energy
- perfect for fitness

Available Weight

400gm, 3kg and 5kg

Dates Syrup



Premium Egyptian Date Syrup is natural and highly nutritious An ingredient for many food and beverage industries.

Dates Syrup

Oasis Harvest Date Syrup is one of the healthiest sweeteners available, packed with the nutritional benefits of dates such as potassium, protein, vitamins, antioxidants, and fiber—all in a delicious syrup form

Known as Dibs, date syrup contains more minerals than honey and has lower sugar levels than molasses

That's why Marvelous Date Syrup is a great, healthy, and tasty alternative to other sweeteners like sugar. It's made with only pure dates, free from additives or artificial colorants





Weight: 250g – 500g – 1kg